**Tool 1: Income and Expense Worksheet** 

| Step 1: Identify Income Sources                 |                    |                  |
|---|--------------------|------------------|
| Source  | Expected per month | Actual per month |
| After-tax wages                                 |                    |                  |
| After-tax wages from spouse's income            |                    |                  |
| Tips, bonuses, cash from hobbies                |                    |                  |
| Unemployment compensation                       |                    |                  |
| Social Security or Supplemental Security Income |                    |                  |
| Public Assistance                               |                    |                  |
| Child Support                                   |                    |                  |
| Food stamps                                     |                    |                  |
| Other:  |                    |                  |
| Total Monthly Income                            |                    |                  |
| Step 2: List Expenses                           |                    |                  |
| Source  | Expected per month | Actual per month |
| Saving for emergencies                          |                    |                  |
| Savings for long-term goals                     |                    |                  |
| Rent/mortgage payment                           |                    |                  |
| Utilities                                       |                    |                  |
| Savings   |                    |                  |
| Cell phone (all features)                       |                    |                  |
| Home maintenance                                |                    |                  |
| Groceries (could be offset by WIC benefits      |                    |                  |
| Car payment, gasoline, parking                  |                    |                  |
| Public transportation                           |                    |                  |
| Insurance (car, homeowner's life)               |                    |                  |
| Tuition or school-related fees                  |                    |                  |
| Childcare                                       |                    |                  |
| Child support, alimony, spousal maintenance     |                    |                  |
| Union dues                                      |                    |                  |
| Pet expenses                                    |                    |                  |
| Credit cards                                    |                    |                  |
| Clothes/uniforms                                |                    |                  |
| Snacks/meals eaten out                          |                    |                  |
| Personal (toiletries, hair, nails, etc.)        |                    |                  |
| Entertainment                                   |                    |                  |
| Charitable donations                            |                    |                  |
| Other   |                    |                  |
| Total Monthly Expenses                          |                    |                  |
| Step 3: Compare Expected Income and Expenses    |                    |                  |
| Expected monthly income                         | \$                 |                  |
| (minus) expected monthly expenses               | -\$                |                  |
| Step 4: Excess/Shortfall                        | \$                 |                  |